

NEWSLETTER

SECOND QUARTER

ISSUE 2

2025



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Registrar : Farirai Maziriri

Welcome Remarks from the Registrar

I extend a warm welcome to all members of the Allied Health Practitioners Council of Zimbabwe (AHPCZ), as well as the general public, as we reflect on the key activities and developments undertaken in the second quarter of 2025.

First and foremost, I would like to express my sincere gratitude to all individuals and institutions who continue to support the work and growth of the Council. Your dedication is instrumental in helping us pursue our vision of becoming the leading health regulatory authority in Zimbabwe. As we progress through the year, I would like to remind all allied health practitioners of the importance of compliance. Ensuring that you hold a valid practising certificate is not only a legal requirement but a fundamental part of maintaining professional standards and safeguarding public health.

This publication highlights significant updates from the Council, informative articles, and essential guidance for both current practitioners and prospective registrants. I encourage you to take time to engage with the contents of this document, as it offers valuable insight into the Council's work and the profession at large.

Thank you once again for your continued commitment. I wish you an informative and enriching reading experience.



We would like to congratulate the following for passing their Psychology Board Exams

1. Brenda Wachipa	Clinical Psychologist
2. Ashlove Munyorwi	Clinical Psychologist
3. Nonhlanhla Ngwenya	Clinical Psychologist
4. Mitchell Mahumba	Clinical Psychologist
5. Jennifer bakasa	Clinical Psychologist
6. Caroline Tapfuma	Counselling Psychologist
7. Christine Bekete	Counselling Psychologist
8. Egifa Paza	Counselling Psychologist
9. Mpo Mukabeta	Counselling Psychologist
10. Silindweyinkosi Chinoda	Counselling Psychologist
11. Melody Vimbai Gumbo	Counselling Psychologist
12. Obey Mukorera	Counselling Psychologist
13. Panashe Dhlamini	Forensic Psychologist
14. Rodwell Madzivire	Forensic Psychologist
15. Agnes Chirata	Counselling Psychologist
16. Samantha Kavalo	Counselling Psychologist
17. Tashinga Matiza	Occupational Psychologist
18. Refund Tapiwa Mugodhi	Occupational Psychologist
19. Loreen Musemburi	Community Psychologist
20. Taygeta Larsin Zihwi	Community Psychologist

Elevating the Role of Registered Dietitians in Zimbabwe's Health System

Sanele Nkomani
and Thandeka
Sibanda on the be-
half of the Dietetics
Association of
Zimbabwe.

Registered Dietitians (RDs) are essential, yet often under-recognized, allies in the fight for better health in Zimbabwe. In a recent presentation to the Allied Health Practitioners Council of Zimbabwe (AHPCZ), the Dietetics Association of Zimbabwe made a compelling case for why RDs deserve greater visibility, integration, and support across the national health system.

Far more than meal planners, dietitians are clinical and public health professionals who bring science-based nutrition to every stage of care—from preventing disease and promoting wellness to managing complex clinical conditions. The presentation highlighted the unique value dietitians offer across settings: empowering communities through nutrition education, leading school-based interventions, and delivering life-saving Medical Nutrition Therapy (MNT) for conditions like diabetes, hypertension, kidney disease, and malnutrition.

Zimbabwean dietitians are already contributing to transformative initiatives—among them, the development of the country's first Food-Based Dietary Guidelines and shaping national nutrition policy. Yet, the profession remains young and small in number,

facing challenges that include limited public awareness, misconceptions from fellow health professionals, and ongoing efforts to protect and define their scope of practice.

The presentation urged AHPCZ practitioners to deepen their understanding of how to collaborate with dietitians—knowing when to refer, how to partner, and

what RDs can offer. In many cases, dietitian-led nutrition therapy can be as effective as medication, especially for non-communicable diseases.

Unlocking the full potential of dietitians requires not only systemic recognition but also investment in continued training, specialization, and broader public engagement. In closing, the call was clear: Zimbabwe's health system stands to gain immensely

from integrating dietitians more fully into care teams. As the country charts its path forward, now is the time to embrace RDs as indispensable members of the health workforce—capable of improving outcomes, reducing healthcare costs, and advancing the nation's wellness agenda.



Promoting Mental Wellness Through the “First Aid in Mental Health” Programme



In recent years, mental health has gained increasing recognition as a vital component of overall well-being. The Allied Health Practitioners Council of Zimbabwe (AHPCZ) has taken a proactive role in addressing this need through its flagship training initiative: the First Aid in Mental Health Programme.

This three-day course equips participants with foundational knowledge and practical skills to support individuals experiencing mental health challenges. It is a response to the growing need for early identification, support, and intervention in mental health issues across Zimbabwean communities and workplaces.

A Structured, Impact-Driven Approach

The programme is structured over three days, with each day building on essential aspects of mental health support:

☑ **Day One and Two are dedicated to interactive sessions led by registered psychologists and mental health professionals. Topics covered include:**

- Understanding common mental health disorders (such as depression, anxiety, and psychosis)
- The Mental Health Action Plan, a structured framework for responding to crises
- Managing grief and trauma
- The importance of self-care for caregivers and health workers
- Communication skills for offering mental health first aid



CERTIFIED BY AHPCZ

Upon successful completion of the course, all participants receive an official certificate issued and certified by the Allied Health Practitioners Council of Zimbabwe. This certificate not only confirms their participation but also serves as recognition of their ability to offer basic mental health support in personal, professional, or community settings.

Who Teaches the Course?

All training sessions are conducted by qualified psychologists, ensuring that participants receive accurate,

evidence-based knowledge. These experts bring a wealth of experience from clinical settings and community-based mental health work.



Strong Partnerships for Wider Reach

AHPCZ has successfully partnered with several high-profile institutions to roll out the programme to wider audiences. Notable collaborators include:

➤ ZIMPLATS

➤ Mashonaland Tobacco Company

➤ Econet Wireless Zimbabwe

➤ First Mutual Holdings

➤ Thriving Lives

These partnerships have made it possible to train employees, community leaders, and healthcare workers, thereby expanding the mental health safety net across different sectors of society.

Why Mental Health First Aid Matters

In many cases, individuals struggling with mental health challenges go unnoticed or unsupported until their situation worsens. Mental health first aid training empowers ordinary people—not just health professionals—to recognize early warning signs, provide initial assistance, and refer individuals to appropriate care.

This programme is particularly relevant for healthcare workers, teachers, HR officers, NGO staff, and community leaders, but is open to anyone with an interest in supporting mental wellness.

Looking Ahead

As mental health concerns continue to rise globally and locally, initiatives like AHPCZ's First Aid in Mental Health Programme are critical. They bridge the gap between awareness and action, giving people the tools to make a difference in the lives of others.

By investing in mental health training, Zimbabwe takes a step toward a more resilient, compassionate, and mentally healthy society.



Muriel Mine, Zvimba [FAiMH]



Pastors Special Edition [FAiMH]

Graduation Day





First Aid In
Mental
Health



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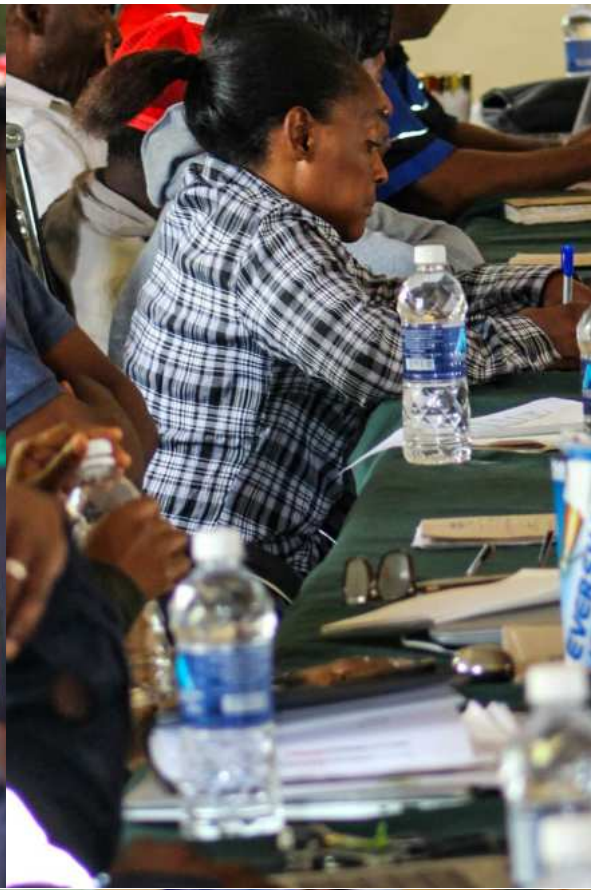
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We cordially encourage everyone to subscribe to our recently launched channel. Updates and advertisements for AHPCZ will be uploaded. Your assistance is much valued.

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Allied Health Practitioners Council of Zimbabwe Launches YouTube Channel

The Allied Health Practitioners Council of Zimbabwe (AHPCZ) is excited to announce the launch of its official YouTube channel. This new platform aims to keep all allied health practitioners updated on the latest developments, regulatory changes, and important announcements from the council.

We encourage all allied health professionals to sub-

scribe to the AHPCZ YouTube channel. By subscribing, you will receive timely updates, training videos, and valuable content designed to help you stay informed and continue your professional development.

Subscribing is simple: just search for the "Allied Health Practitioners Council of Zimbabwe" on YouTube and hit the subscribe button. Don't forget to enable notifications to stay up-to-date with all new content.

Stay connected and informed by subscribing today!

Allied Health Practitioners Council of Zimbabwe Engages Students Across Training Institutions

The Allied Health Practitioners Council of Zimbabwe (**AHPCZ**), the regulatory authority for various allied health professions in the country, has recently embarked on a series of student engagement activities across multiple training institutions. These initiatives are part of the Council's ongoing efforts to strengthen professional awareness, compliance, and standards within the health sector.

Among the institutions visited were **Discovery Ambulance Services, City of Harare, Women's University in Africa, EMRAS, and CONNECT**, where council representatives met with students pursuing careers in allied health fields.

The engagements focused on:

- Educating students on the roles and responsibilities of AHPCZ
- Explaining the registration and licensing processes
- Discussing the importance of professional ethics and conduct
- Providing insight into career development pathways within the allied health sector

These outreach activities are key in bridging the gap between training and practice. They help ensure that students are well-prepared, informed, and compliant with regulatory expectations before they enter the workforce.

The Council reaffirmed its commitment to upholding the integrity of allied health professions in Zimbabwe and will continue to foster relationships with training institutions to promote excellence and accountability in healthcare delivery.



EMRAS
Emergency Medical Rescue
Ambulance Services

Discovery
Ambulance
Services



HARARE
CITY
COUNCIL

Silent Storm

In shadows deep whispers dwell
A mind battles storms no one can tell
A silent storm behind closed doors, where a fight unseen equals a
thousand wars.

The weight of thoughts too heavy to bear as
a silent scream echoes.
fragile as light as hope whispers through the night.

We wear our scars like armor
Fighting battles out of sight
Echoes of trauma, pain, regret,

A THOUSAND REASONS WHY

**THANDIWE C
MARERWA**

Fibroids & The Unwanted Spotlight: How Being Misunderstood as Pregnant Affected My Mental Health

Michell Mahumba A/PSY0849
(Registered Clinical Psychologist)

Living with fibroids is a journey often shrouded in silence and misunderstanding. For many, including myself, this condition can lead to physical discomfort and emotional turmoil. In my case, the added complexity of being frequently mistaken for being pregnant took a significant toll on my mental health, leading to feelings of isolation, anxiety, and diminished self-confidence. Fibroids are non-cancerous growths that develop in or on the uterus.

They can vary in size and number, often causing symptoms like heavy menstrual bleeding, pelvic pain, and bloating. For me, the most challenging aspect was the noticeable abdominal swelling that made it seem like I was expecting a child. This physical manifestation drew unwanted attention and speculation from those around me. It began innocently enough - casual comments and questions from friends and family. "Is the baby kicking yet?" they would ask, their eyes sparkling with excitement. Each inquiry felt like a dagger to my heart. I wasn't pregnant; I was battling fibroids. Yet, the stigma surrounding my condition forced me into a corner where I felt compelled to smile and nod, pretending to be part of a joyful experience I wasn't having. Navigating life with fibroids can feel like fighting a silent battle.

While I appeared outwardly fine, inside I was struggling. Each visit to my gynecologist became a reminder of my reality. I would sit in the waiting room, surrounded by pregnant women discussing their milestones - how far along they were, the challenges they faced, and the joys of impending motherhood. I felt like an outsider, a ghost in a world filled with life and hope. The stark contrast between their joyful anticipation and my own struggles was overwhelming. I would often sit quietly, listening to their chatter while my heart sank further into despair. I felt invisible, yet painfully exposed, forced to reconcile my reality with the expectations of those around me.



I began to withdraw from social situations. The simple act of taking photos became an agonizing reminder of my condition. I avoided gatherings and events, believing that my appearance would invite unwarranted questions and assumptions. My once vibrant life shrank to the confines of my home, limited to work and grocery shopping. With each passing day, I lost more confidence. The vibrant woman I once was seemed to fade into the background, overshadowed by the unwanted spotlight of misunderstanding. My self-esteem took a hit, as I grappled with feelings of inadequacy and shame. I felt like I was living in a body I didn't recognize - one that was constantly scrutinized, yet never truly

understood. Compounding my struggles were the congratulatory messages I received from well-meaning friends and family. "Congratulations! How many months!" they would exclaim, assuming my fullness was indicative of pregnancy. Each message felt like salt in an open wound.

Instead of joy, I felt a deep sense of sorrow and loneliness. I wanted to scream, to explain that I wasn't expecting a baby - I was simply dealing with fibroids. These interactions highlighted the societal expectations surrounding pregnancy and motherhood. The assumption that a woman's body should conform to

a specific narrative can be incredibly damaging. For someone like me, the pressure to fit into those expectations was suffocating.

It served as a constant reminder of what I wasn't and what I felt I could never be. Acknowledging the impact of fibroids on my mental health was the first step toward healing.

I realized that I needed to break the silence surrounding my condition. Talking openly about my experiences with close friends and family helped me find support and understanding. I began to share my story, shedding light on the realities of living with fibroids and the emotional toll they can take. I created a safe space to explore my feelings, confront my fears, and rebuild my self-esteem. I practiced coping strategies to manage anxiety and depression, allowing me to regain a sense of control over my life. While my journey with fibroids has been challenging, it has also been transformative. I have learned the importance of self-acceptance and the need to advocate for myself. I now understand that my worth is not defined by my appearance or societal expectations. I've come to embrace my body as it is, recognizing that it tells a story of resilience and strength.

Today, I am more vocal about my experiences, hoping to destigmatize conversations around fibroids and mental health. Sharing my journey has connected me with others facing similar struggles, reminding me that I am not alone. Together, we can break the silence and shed light on the complexities of living with fibroids. Living with fibroids and the misunderstandings that accompany them can be a lonely journey. The impact on mental health is profound, affecting self-esteem and emotional well-being. However, by sharing our stories and advocating for understanding, we can foster a community of support and empathy. My experience has taught me that healing begins with acceptance, communication, and the courage to stand up for oneself. If you find yourself in a similar situation, know



Commemorating Africa Day: Honoring Our Heritage and Pride

Africa Day, celebrated annually on May 25th, marks the founding of the Organisation of African Unity (now the African Union) and serves as a moment to reflect on the rich cultural heritage, unity, and progress of the African continent. It is a day to celebrate African identity, resilience, and the shared vision for a prosperous future.

The Allied Health Practitioners Council of Zimbabwe (AHPCZ) joined the rest of the continent in commemorating this important day. As a regulatory authority for various health professions, AHPCZ took the opportunity to honor Africa's diverse heritage and reaffirm its commitment to promoting excellence in healthcare rooted in respect for African values and traditions.

By participating in the celebrations, AHPCZ acknowledged the role of traditional knowledge, community wellness, and professional unity in building a healthier Zimbabwe and a stronger Africa. The Council continues to take pride in contributing to the continent's development through the regulation and support of competent allied health professionals

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The Allied Health Practitioners Council of Zimbabwe has launched a new portal that allows practitioners to register, update their personal data, and get help using it. The fact that people can now complete all necessary procedures in the convenience of their own homes is a significant development for the council and all of its practitioners. Additionally, practitioners now have access to all banking information on the platform, including online and bank payment options.

Benefits of the portal

1. **Convenience:** Practitioners can now complete essential administrative tasks such as registration and updating personal information from their homes or offices, saving time and effort.
2. **Accessibility:** By providing access to banking details and payment methods (such as bank payments and online payments), the portal ensures transparency and facilitates efficient financial transactions between practitioners and the council.
3. **Efficiency:** Centralizing all these processes on a single platform enhances overall efficiency for both practitioners and council administrators. It reduces paperwork, minimizes errors, and speeds up transaction processing.
4. **User Empowerment:** Offering learning resources on how to use the portal empowers practitioners to navigate the system effectively, ensuring they can fully utilize its capabilities.
5. **Modernization:** The adoption of digital solutions reflects a commitment to modernizing administrative practices within the healthcare sector, aligning with global trends in digital transformation.

Woven Safety Nets: How Parental Influence, Community Engagement, and Social Capital Can Prevent Child Drug and Substance Abuse

Annie Faith Majoni
Community Psychologist Intern
A/PSY0713



In recent months, a silent epidemic has been brewing, one that threatens the very fabric of our communities. Across homes, on the streets, and among children of the streets, the prevalence of drug and substance abuse has reached alarming levels. Despite the proliferation of awareness campaigns, posters, and banners across social and print media, the crisis continues to escalate, exposing the vulnerability of children and raising urgent questions about effective community interventions. Community psychology emphasises that drug and substance abuse among children is often just the tip of the iceberg. A deeper examination of the social and environmental factors that contribute to this prevalent crisis is crucial in designing successful interventions. The concept of “woven safety nets” serves as a metaphor for the collective efforts of parents, the community, and social capital to create a protective

and nurturing environment for children.

Understanding the Risk Factors

Drug and substance abuse among children is often a result of parental neglect and dysfunctional family relationships. Children are exposed to hostile environments, which can lead to increased vulnerability and harmful coping mechanisms such as substance abuse. Albert Bandura’s social learning theory suggests that children learn behaviours by observing and imitating their surroundings. Social psychology also highlights that peer influence, obedience, conformity, and compliance in shaping children’s behaviours.

Permissive attitudes towards substance abuse within the community can normalize behaviour. Cultural norms and societal attitudes also play a significant role in shaping children’s exposure to substance abuse. Communities where drug use is openly tolerated or adults fail to discourage the behaviour are more likely to perceive it as acceptable. The widespread glorification of substance use in popular culture and media further normalises the behaviour. Thus, criminalizing children who use drugs instead of addressing the structural factors that led them down this path only worsens the situation. Children who face criminalization and social isolation are less likely to receive the support and rehabilitation they need.

Emotional distress can also lead children to turn to drugs as an escape from abuse, neglect, trauma, anxiety, or depression. Children without emotional support and positive role models are at greater risk of adopting maladaptive coping strategies, reinforcing a cycle of dependency and addiction. Structural inequalities such as poverty, limited access to education, recreational activities, and employment opportunities can contribute to substance abuse.

Building Woven Safety Nets: Community-Based Interventions

The crisis of substance abuse requires a comprehensive, community-driven approach. This includes early intervention through comprehensive drug education programs in schools, strengthening family support systems, creating safe recreational spaces, enhancing access to mental health services, and strengthening

social capital and community involvement.

1. Schools should promote healthy lifestyles, decision-making skills, and resilience-building to help children resist peer pressure.
2. Parents should be encouraged to engage in open, non-judgmental communication about drug-related risks and model responsible behaviour.
3. Community centres should offer sports, arts, mentorship programs, and skill development initiatives to deter children from drug use.
4. Mental health services should be accessible to provide early detection, counselling, and intervention for at-risk children. Active community involvement in safeguarding children fosters strong social capital, reducing the likelihood of drug abuse.

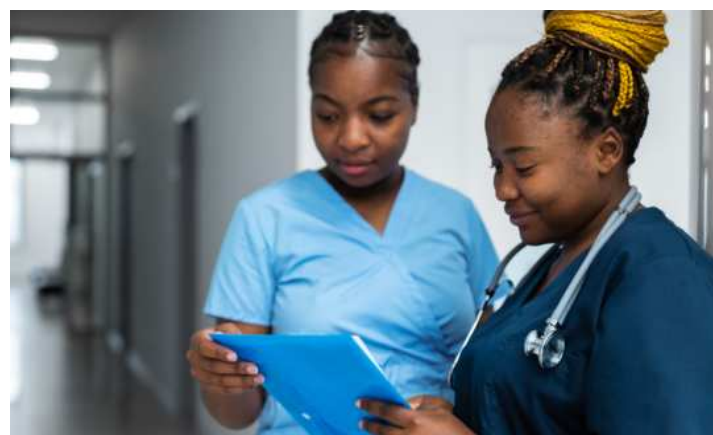
The fight against child drug and substance abuse necessitates a comprehensive, community-driven approach that prioritizes prevention, support, and rehabilitation over criminalization. This involves fostering a safe environment through parental influence, community engagement, and social capital, empowering children to make healthier choices, and strengthening safety nets.

Written by:

Annie Faith Majoni

Community Psychologist Intern

A/PSY0713



Clinical Social Workers in Zimbabwe

Clinical social workers in Zimbabwe play a vital role in the healthcare system, providing professional psychosocial support to individuals, families, and communities facing mental health, addiction, or social challenges. These professionals are key members of multidisciplinary teams, particularly in settings such as rehabilitation centres, psychiatric units, general hospitals, and community health programs.

In Zimbabwe, clinical social workers are registered and regulated by the Allied Health Practitioners Council of Zimbabwe (AHP CZ). This statutory body ensures that practitioners meet required educational standards, adhere to ethical guidelines, and maintain professional competence through continued education and compliance.

Their responsibilities often include counseling patients, conducting mental health assessments, facilitating access to social support systems, and working collaboratively with doctors, nurses, and psychologists. In rehabilitation facilities, they play a crucial role in the recovery and reintegration of individuals struggling with substance abuse or other behavioral issues.

With rising awareness around mental health and social wellbeing, clinical social workers continue to be essential in delivering compassionate, holistic care across Zimbabwe's health sector.

Children's Mental Health: The Role of Parents in Fostering Positive Self-Esteem and Resilience

by Annie Faith Majoni

The mental health of children is understood as a shared responsibility, influenced by the dynamic interplay between individual, familial, and societal factors. A key focus is on the role parents should play in cultivating their children's psychological well-being, particularly through fostering positive self-esteem and building a resilient mindset. These foundational traits are not just vital for individual growth but also critical for the community's collective health and stability.

Self-esteem is a cornerstone of psychological development, defined as a child's internalized sense of self-worth and competence. Children with high self-esteem are better equipped to navigate life's challenges, form healthy relationships, and achieve academic and social success. Conversely, low self-esteem increases susceptibility to anxiety, depression, and other mental health concerns. Within the ecological framework of community psychology, this issue extends beyond the family unit; it reflects systemic influences such as school environments, peer interactions, and societal norms.

Resilience, on the other hand, is the capacity to adapt positively in the face of adversity. A resilient mindset empowers children to cope with stressors, whether they stem from academic pressures, family difficulties, or community challenges. Building resilience is particularly important in mitigating the impact of risk factors such as exposure to trauma, socioeconomic instability, or bullying. From a preventative intervention

perspective, resilience reduces the likelihood of long-term mental health issues and enhances emotional regulation and problem-solving skills.

Parents, as primary agents within their child's microsystem, play a pivotal role in fostering both self-esteem and resilience. Encouragement of autonomy, positive reinforcement, and validation of emotions are essential strategies. For instance, allowing children to face age-appropriate challenges and supporting their problem-solving efforts teaches self-efficacy, a core component of resilience. Modeling emotional regula-

tion and providing unconditional positive regard further strengthens their psychological defenses.

Community psychologists emphasize the importance of creating protective factors at both familial and community levels. Parents must work collaboratively with schools, healthcare providers, and community organizations to ensure their children have access to supportive networks and resources. Parenting workshops, peer support groups, and mental health awareness campaigns are examples of upstream interventions that benefit not only individual families but the community as a whole.

Additionally, societal systems must promote empowerment and equity by addressing structural barriers that impede parental support, such as poverty and lack of access to mental health services.

When communities invest in these resources, they create environments where children can thrive, developing into psychologically healthy adults who contribute positively to society.

In conclusion, the mental health of children is a public health priority that demands attention from parents and communities alike. By fostering positive self-esteem and resilience, parents can safeguard their children's mental well-being and help them navigate life's complexities. As community psychology teaches us, the well-being of children is not just a private matter but a communal responsibility—an investment in the future health of society itself.



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Strengthening Allied Health Through Webinars: A Look at AHPCZ's 2025 Engagements

In today's digital era, webinars have become an indispensable tool for knowledge sharing, professional development, and regulatory engagement—especially in the health sector. For the Allied Health Practitioners Council of Zimbabwe (AHPCZ), webinars have proven to be an effective platform for reaching out to practitioners across all professions under its regulation.



Webinars allow AHPCZ to connect with thousands of allied health professionals in real-time, regardless of location, providing timely updates on key professional matters, emerging health trends, and sector regulations. They promote accessibility, convenience, and inclusivity while fostering continuous learning and professional excellence.

Webinars: Why They Matter

Enhance Professional Knowledge: Webinars cover practical, evidence-based topics that help improve healthcare delivery.

Promote Regulatory Compliance: AHPCZ uses this platform to educate on policy changes, ethical conduct, and compliance requirements.

Support CPD: Participation contributes to Continuing Professional Development (CPD) points for practitioners.

Encourage Multi-Professional Engagement: Sessions are designed to benefit various professions including dietetics, psychology, radiography, emergency services, and more.

Webinars Conducted in the Second Quarter of 2025

During the second quarter of 2025, AHPCZ hosted a range of informative webinars aimed at enhancing knowledge across multiple disciplines:

[Facebook Live: Role of Dietetics in Health and the Treatment of Disease](#)

[Clinical Supervision in Radiography](#)

[Psychologists' Scope of Practice](#)

[Facebook Live: Unpacking Dietary Supplements – How Effective \(or Risky\) Are They?](#)

[Facebook Live: Navigating Mental Health in a Difficult Environment](#)

These sessions were well-received and offered practical insights into real-world challenges and emerging developments in healthcare.

Upcoming Webinars
AHPCZ remains

committed to providing relevant and engaging webinars. Below are the key upcoming sessions:

[ATs, EMTs and Paramedics Webinar: Prehospital Trauma and Special Populations – The Pregnant Woman](#)

[Date: 27 June 2025](#)

[Going Digital: AHPCZ Portal – A Guide to Registration, Renewal, and CPD Tracking](#)

[Understanding Subfertility: A Clinical Perspective for Allied Health Practitioners](#)

All practitioners are encouraged to participate in these webinars, stay compliant, and remain aligned with best practices in their respective fields.

Conclusion

Through webinars, AHPCZ continues to fulfil its mission of empowering allied health professionals with accessible, relevant, and up-to-date knowledge. These sessions are more than just online events—they are strategic tools for enhancing service delivery, ensuring regulatory compliance, and fostering collaboration among the different allied health professions.



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2025 CPD POINTS CHART

Continuing Professional Development (CPD) is the means by which members of professions broaden the expertise required in their professional lives. This serves to ensure that both academic and practical qualifications do not become obsolete and redundant Continuing Professional Development (CPD) is an ongoing, structured combination of learning activities through which Registered Practitioners maintain and extend their knowledge and skills for lifelong professional competence. CPD can take many forms, from short courses to conferences, seminars and lectures. Engaging in Continuing Professional Development ensures that both academic and practical qualifications do not become out-dated or obsolete; allowing individuals to continually 'up skill' or 're-skill' themselves, regardless of occupation, age or educational level.

Ambulance Technicians	30
Clinical Social Workers	50
Counsellors	50
Dieticians	15
ECG Technicians	30
EEG Technician	30
Emergency Medical Technicians	30
Health Promotion Officers	12
Hospital Equipment Technicians	30
Hospital Food Services Supervisors	30
Intern Psychologists	40
Medical Physicists	30
Nutritionists	12
Paramedics	30
Psychologists	50
Radiographers	50
Specialist Ultrasonographers	50
Ultrasonographers	50
X-ray Operators	25

GIVE US YOUR FEEDBACK & LEAVE A REVIEW

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**#It is a right of every Zimbabwean to seek assistance from a registered
AHPCZ Practitioner#**