

NEWSLETTER



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THIRD QUARTER



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Registrar : Farirai Maziriri

Dear Valued Readers,

I warmly welcome all practitioners and members of the public to this third-quarter newsletter of the Allied Health Practitioners Council of Zimbabwe (AHPCZ). As we reflect on the activities and progress made during this period, I extend my sincere gratitude and appreciation to all institutions, organizations, and stakeholders who have continued to support our vision and mission.

Our aim remains clear: to be the leading health regulator in Zimbabwe, steadfast in our commitment to safeguarding the public through effective regulation of practitioners. We will not waver from this responsibility, as it is at the core of our mandate.

At this point in time, we expect every practitioner registered under AHPCZ to hold a valid practising certificate. Practising without one is a violation of the law and undermines the integrity of the profession. We therefore urge all practitioners to ensure their compliance in this regard.

As we move forward, let us continue working together to strengthen the health sector and uphold the highest standards of professional practice.

**I wish you an insightful and engaging reading of this newsletter.
Thank you.**

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**We would like to congratulate the following for passing their
Psychology Board Exams**

1. Debra Mantsimane Malete	Counselling Psychologist
2. Shelly Marandure	Counselling Psychologist
3. Bhekisisa Madololo	Counselling Psychologist
4. Obert Mtisi	Counselling Psychologist
5. Takunda C Gambura	Counselling Psychologist
6. Shanaya Sidhu	Clinical Psychologist
7. Sharmain Anesu Manyonga	Clinical Psychologist
8. Vainah Ngwenya	Clinical Psychologist
9. Fransis Nsiyaludzi	Community Psychologist
10. Annie Majoni	Community Psychologist
11. Bridget Rusemo Rutendo	Occupational Psychologist
12. Caroline Kaseke	Counselling Psychologist
13. Tayendwa Gunundu	Counselling Psychologist
14. Dione Sixpence	Clinical Psychologist
15. Cythia Bhake	Clinical Psychologist
16. Nyasha Mutongoreni	Clinical Psychologist

Congratulations

The Vital Role of X-Ray Operators in Healthcare

AHPCZ Newsletter |
September 2025

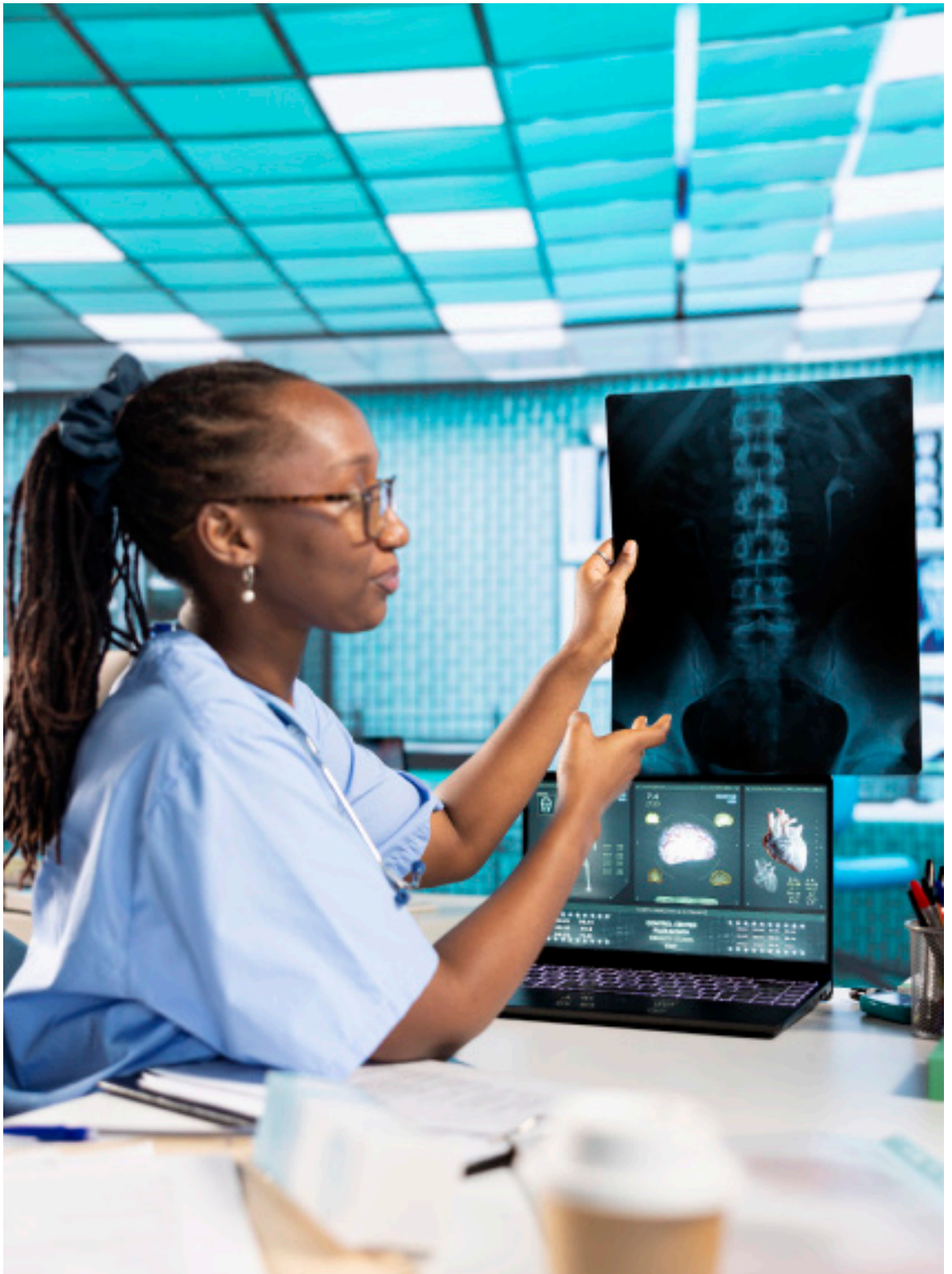
X-ray operators are essential members of the healthcare team, working at the frontline of medical diagnosis. Regulated by the Allied Health Practitioners Council of Zimbabwe (AHPCZ), these professionals provide critical imaging services that support doctors in detecting, monitoring, and treating a wide range of conditions.

Why X-Ray Operators Matter

- **Early and Accurate Diagnosis:** X-rays often reveal fractures, infections, and diseases that are not visible through physical examination.
- **Patient Safety:** Operators are trained to minimize radiation exposure, ensuring safe imaging practices.
- **Support Across Specialties:** From casualty departments to orthopaedics, dental clinics, and oncology units, X-ray operators serve across multiple fields of medicine.
- **Foundation for Treatment:** Clear imaging allows medical teams to design precise treatment plans, ultimately improving patient outcomes.

AHPCZ's Role

Through regulation, training, and licensing, AHPCZ ensures that X-ray operators meet professional and ethical standards. This protects patients while raising



the quality of healthcare services nationwide.

Conclusion

X-ray operators are indispensable to the functioning of hospitals and clinics. By upholding safety, accuracy, and professionalism, they form the backbone of diagnostic imaging in Zimbabwe.

INSPIRING THE NEXT GENERATION OF MEDICAL PHYSICISTS

AHPCZ Newsletter | September 2025

Behind advanced cancer treatments, modern imaging technologies, and safer diagnostic procedures are highly skilled medical physicists. These professionals apply principles of physics to medicine, making them key players in the fight against disease and in the advancement of healthcare technologies.

The Role of Medical Physicists

- **Cancer Care:** They design and monitor radiation therapy treatments, ensuring tumours are treated effectively while protecting healthy tissue.
- **Medical Imaging:** They develop and improve imaging systems such as CT, MRI, and nuclear medicine, enhancing accuracy and safety.
- **Innovation:** Medical physicists contribute to cutting-edge technologies that keep healthcare aligned with global scientific progress.
- **Patient Protection:** Their expertise ensures radiation and imaging technologies are used safely and effectively.

A Career Path for Young People

For students passionate about physics, mathematics, and health sciences, medical physics offers a career that combines science, technology, and patient care. Many begin their journey as X-ray operators or radiographers before advancing into postgraduate studies in medical physics.

This profession is not only intellectually rewarding but also makes a tangible difference in people's lives — from diagnosing diseases early to delivering life-saving treatments.

Conclusion

Zimbabwe needs a new generation of medical physicists to strengthen its healthcare system. Young people with curiosity, resilience, and a love for science are encouraged to consider this career path. By doing so, they will not only advance their professional lives but also contribute meaningfully to national health and innovation.



STOP SUBSTANCE ABUSE: A CALL TO ACTION

By TAMUKA JAMES MUNAMATI

The fight against drugs is not optional—it is an urgent necessity. Every life matters, and every step taken against substance abuse brings us closer to a society where health, hope, and progress can flourish.



In the face of this growing pandemic, it is paramount that the fight against substance abuse becomes a collective responsibility. Governments, health councils, schools, workplaces, and communities must unite to raise awareness, strengthen rehabilitation programs, and ensure that preventive measures reach every corner of society. Substance abuse thrives where silence, stigma, and neglect prevail. Breaking this cycle requires education, empathy, and decisive action.

At the Allied Health Practitioners Council of Zimbabwe (AHP CZ), we recognize that safeguarding the nation's health extends beyond treating illnesses; it also involves confronting threats such as drugs that undermine wellbeing. By standing together as families, communities, and institutions, we can reclaim lives, protect future generations, and create a healthier, more resilient nation.



PROTECTING THE BRAIN: A healthy lifestyle, the medicine of depression.

By Bothwell Matewe

A healthy lifestyle isn't just about preventing physical illness; it's a powerful form of preventative medicine for your brain. It works by directly influencing the biological and psychological mechanisms that underlie depression, making your brain more resilient to stress and negative thought patterns.

I know you are worried about how lifestyle acts as a shield for the brain. Lets just embark on a small journey in understanding the how aspect:

➤ A good lifestyle, balances brain chemicals. This is possible through exercise and good food, for these naturally create "feel-good" chemicals. A 15-minute walk when you feel stressed does more than just distract you

these can cause swelling in your body and brain that leads to low mood. Healthy food fights that swelling. Choosing an omelet with avocado over a sugary pastry for breakfast gives your brain the nutrients it needs to stay calm and energized, preventing crashes that make you irritable.

➤ It makes your brain stronger, think of activities like exercise, these actually help grow new brain cells and strengthen the part that controls your mood. Taking a yoga class or going for a bike ride isn't just for your body. It's like weightlifting for your brain, making it more resilient to negative thoughts.

➤ It calms your nerves, this is possible through a good sleep and also meditation which lower your stress hormones and teach your brain to not panic. Think of this, turning off your phone 30 minutes before bed to read instead gives your brain a critical chance to reset and wash away the day's stress, making you less vulnerable to anxiety.

➤ It connects you with the social or external world. Think of loneliness as a major cause of depression. Social activity is a direct antidote. How best can you meet this? Joining a running club or a cooking class as



it actually releases chemicals that lift your mood, like a natural antidepressant.

➤ It fights inflammation, you know with the social climate, we love Junk food and

an example (think of any activity that you enjoy with others) combines exercise with human connection, which releases chemicals that make you feel safe and supported.

Ethical Dilemmas :

An Albatross in Psychotherapy

By Mutema Francis

Globally, the paradigm in the praxis of psychotherapy is premised on ethical principles and standards. The principles setting forth the aspirations of the professions and standards delineating the obligations. In our context, the Allied Health Professions Council of Zimbabwe Regulations of 2021 binds the practice of psychology. The Council being a creature of the Health Professions Act Chapter 27:19 derives its mandate therefrom. All individuals, aspiring and practicing as psychologist are there bound by the Health Professions Act and the AHPCZ Regulations. The regulations, although presented in a format that caters for diverse professions under the purview of the Council sets out the principles and the standards that every psychologist has to adhere to.

It is common cause that no set of written rules or guidelines can adequately prescribe all possible situations that professionals encounter during routine practice. Situation that are sui generis, are a common occurrence. The nature of the problem and the demeanour of the clients may result in precarious positions. These uncertain and anxiety provoking situations creates ethical dilemmas.

An ethical dilemma occurs when two or more ethical standards contradict one another and fulfilling one standard upsets or contradicts another. These ethical dilemmas impact the psychologists mentally as they end up pondering whether they had made the correct ethical decision or not.

There are so many situations that may present ethical dilemmas. For instance, psychologists who are employed may find themselves between a rock and a deep blue sea. The employer may demand certain information or may want the psychologist to do certain things that violate the interests of the client. The challenges facing psychologists employed in the military and police services are well documented.

The conflict between confidentiality and duty to protect is a good example of an ethical dilemma closest home. A client may disclose information that indicates potential harm to themselves or others, the psychologist must decide whether to maintain confidentiality or take action to protect involved parties. In Zimbabwe, the teen pregnancies are a pandemic and psychologists may be faced with situations where the child seeks help

to terminate the pregnancy or simply in need of therapy. Knowledge that this is a child who is not supposed to be pregnant, unconsciously may cloud the psychologist's ethical decision making.

Awareness of decision making process when faced with an ethical dilemma is a key tool in resolving them. There are many models that have been developed to help ameliorate the impact of dilemmas and help psychologists to make sound and judicious ethical decisions. Suffice to say that there is a dearth of literature on the efficacy of these models in our context. The model developed by Markkula Centre for Applied Ethics is both intriguing and pragmatic.

The first step of the model highlights the need to identify the ethical issues. The psychologists examine whether the decision or situation could be damaging to someone or whether it will unevenly benefit someone. The psychologist interrogates whether the decision involve a choice between a good and a bad alternative, or perhaps between two "goods" or between "two evils". The psychologist examines whether the issue is solely legal or what is most efficient. The second stage involves get all the facts. The Psychologist looks at what is known and what is not known and whether they can learn more about the situation.

The psychologist proceeds to evaluate alternative actions. Various options are examined. Issues to do with rights, justice, common good, and/or therapist's virtues are considered.

Having looked at the various options, the psychologist should then choose an option that best addresses the situation at hand. The psychologist ponders how persons that they respect would say about the option they would have chosen. Finally, the decision is implemented and a reflection of the outcome is carried out. The psychologist looks at what they would have learnt from the situation and whether any follow up action will be required. There are no one size fits all model in resolving ethical dilemmas. However, having some kind of a model in one's toolbox is a desideratum in enhancing



Shadows in the Night

In darkness, they lurk ,they hide
Watching, waiting, with hearts full of
pride
Their prey unaware in innocent stride
As they track each step, with
calculated glide

Their obsession growing, twisting fire
consuming all with each passing desire
They weave a web of deceit lies fragile
yet slowly tightening ties

The hunted fears, the unknown sound
as each footsteps echos around
Their sense of safety, shattered and
worn
As the stalker's gaze, lingers on

In shadows cast, by moon's pale light
The stalker creeps, with sinister delight
Their presence felt though unseen and
cold leaving terror, forever to unfold

Thandiwe C Marerwa

First Aid in Mental Health:

Empowering Communities Through Knowledge

The First Aid in Mental Health program is a three-day training course offered under the Allied Health Practitioners Council of Zimbabwe (AHPCZ). The course is taught by registered psychologists and is designed to equip participants with practical knowledge and strategies to support those experiencing mental health challenges. Classes are conducted every quarter, making it accessible to both individuals and organizations.

This program is not only open to the general public but is also tailored for corporates who wish to train their employees. By investing in this training, organizations empower their teams to respond effectively to mental health issues in the workplace, fostering healthier and more resilient environments.

The course covers a wide range of topics that reflect today's most pressing mental health concerns. Participants gain a deeper understanding of conditions such as anxiety, depression, grief, and emotional breakdowns, while also learning critical approaches to suicide prevention. The training provides practical tactics on how to recognize warning signs and how to give immediate support to someone in distress. The impact of the program has already been remarkable. To date, more than 1,200 people have been trained, and seven corporates have partnered with AHPCZ to run workshops for their employees. The program continues to grow rapidly, with expectations of expanding beyond Zimbabwe's borders in the near future.

By raising awareness, reducing stigma, and promoting early intervention, the First Aid in Mental Health course is making a powerful contribution to society. It equips people not only with skills but with the confidence to act, potentially saving lives and strengthening communities.







FIRST AID

IN MENTAL HEALTH

An evidence – based training course designed to give members of the public key skills to help someone who might be developing a health problem or a mental illness

COURSE TAUGHT BY

Registered Counsellors
& Psychologists



FIRST AID IN MENTAL HEALTH is an essential program designed to empower individuals with the knowledge and skills to identify, support, and respond effectively to mental health challenges. By equipping people with these vital tools, the program not only enhances personal resilience but also strengthens community safety and wellbeing. In today's world, where mental health concerns are increasingly common, this training stands as a cornerstone in fostering healthier, safer, and more supportive societies.



Open To All!!!



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https://portal.ahpcz.co.zw/



The Allied Health Practitioners Council of Zimbabwe has launched a new portal that allows practitioners to register, update their personal data, and get help using it. The fact that people can now complete all necessary procedures in the convenience of their own homes is a significant development for the council and all of its practitioners. Additionally, practitioners now have access to all banking information on the platform, including online and bank payment options.

Benefits of the portal

1. **Convenience:** Practitioners can now complete essential administrative tasks such as registration and updating personal information from their homes or offices, saving time and effort.
2. **Accessibility:** By providing access to banking details and payment methods (such as bank payments and online payments), the portal ensures transparency and facilitates efficient financial transactions between practitioners and the council.
3. **Efficiency:** Centralizing all these processes on a single platform enhances overall efficiency for both practitioners and council administrators. It reduces paperwork, minimizes errors, and speeds up transaction processing.
4. **User Empowerment:** Offering learning resources on how to use the portal empowers practitioners to navigate the system effectively, ensuring they can fully utilize its capabilities.
5. **Modernization:** The adoption of digital solutions reflects a commitment to modernizing administrative practices within the healthcare sector, aligning with global trends in digital transformation.





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ALLIED HEALTH PRACTITIONERS COUNCIL OF ZIMBABWE

We cordially encourage everyone to subscribe to our recently launched channel. Updates and advertisements for AHPCZ will be uploaded. Your assistance is much valued.

WWW.AHPCZ.CO.ZW

Allied Health Practitioners Council of Zimbabwe Launches YouTube Channel

The Allied Health Practitioners Council of Zimbabwe (AHPCZ) is excited to announce the launch of its official YouTube channel. This new platform aims to keep all allied health practitioners updated on the latest developments, regulatory changes, and important announcements from the council.

We encourage all allied health professionals to sub-

scribe to the AHPCZ YouTube channel. By subscribing, you will receive timely updates, training videos, and valuable content designed to help you stay informed and continue your professional development.

Subscribing is simple: just search for the "Allied Health Practitioners Council of Zimbabwe" on YouTube and hit the subscribe button. Don't forget to enable notifications to stay up-to-date with all new content.

Stay connected and informed by subscribing today!

EMOTIONAL INTIMACY: The Quiet Engine That Keeps Love Running

By Courage Tipedze

Healthy relationships are not built on grand gestures or flawless compatibility; they are built on the slow, deliberate work of emotional intimacy, the invisible thread that turns two people into a resilient “we.” While chemistry may open the door, only emotional intimacy keeps it open when life storms in.

Emotional Intimacy is the nightly choice to let yourself be fully known; to speak the worry that wakes you at 3 a.m., to celebrate the private dream you haven’t dared say aloud, to admit to the reality that you’re not “enough” or you are “inadequate” without your partner. Emotional intimacy is the felt sense that your inner world is welcome in your partner’s hands; no gloves, no filters, no expiry date.

The Four Cornerstone

- ✓ **Trust:** Built one kept promise at a time, until “I’ve got you” is silently understood.
- ✓ **Vulnerability:** The willingness to be the first to lower the armour, showing that safety is reciprocal.
- ✓ **Attuned Communication:** Listening for the feeling beneath the words, then reflecting it back before offering solutions. Emotional closeness encourages constructive problem-solving.
- ✓ **Rituals of Connection:** Micro-moments (the 6-second kiss, the 20-second hug, the phone-down dinner) that deposit emotional capital faster than any annual vacation can.

WHY IT MATTERS MORE THAN WE ADMIT

Couples high in emotional intimacy heal from conflict faster, report higher life satisfaction, and even mount stronger immune responses; proof that safety between bodies strengthens the bodies themselves. When intimacy is low, the relationship becomes a chronic, low-grade stressor; when high, it functions as a daily antidepressant and anti-anxiety agent rolled into one.



Common Intimacy Drains and How to Plug Them

- ✓ Digital drift happens when phones at the table hijack atonement set a “first thirty phone-free minutes” rule after coming home.
- ✓ Trauma echoes from past betrayals can trigger present-day shutdown; pre-plan a “pause phrase” such as “I need twenty minutes to feel safe again” so conflict does not become abandonment.
- ✓ Over-functioning schedules crowd out the best things; protect a recurring “state of the union” walk; no cost, no financial issues to discuss, just thirty minutes around the block every Sunday evening.

Micro-Practices That Rebuild Closeness Tonight

Sit knee-to-knee for five minutes and each share one thing that went right, wrong, and uncertain during the day; no cross-talk, only “Thank you for letting me see that.” Write a short future letter beginning “In five years I imagine us...” exchange, read twice, then discuss one surprising line. State a fear you have never voiced; let your partner respond with “That makes sense because...” Validation before advice is the fastest trust-builder on record!

When Professional Help Is the Next Right Step

If attempts at repair repeatedly collapse into blame or withdrawal, a trained couples therapist can scaffold the conversations that feel too risky alone. Seeking help is not evidence of failure; it is evidence that the relationship matters enough to protect.

The Take-Home

Emotional intimacy is less a milestone than a muscle; ignore it and it atrophies; exercise it and it grows astonishingly strong. In a world that rewards curated perfection, choosing to be known fully, messily, repeatedly is the bravest and most loving act two people can commit. Start small, stay consistent and remember, depth is created one honest sentence at a time.

Council Prioritises Student Engagement to Empower Future Allied Health Practitioners

The Allied Health Practitioners Council reaffirms its commitment to its paramount objective: proactive engagement with student practitioners. Ensuring that future professionals are thoroughly informed about regulatory standards is a critical component of safeguarding public health and well-being.

A key initiative in this ongoing effort is the Council's outreach programme to educational institutions. Demonstrating this commitment, Council representatives recently conducted an informative session at the **EMRAS** Training Academy for a cohort of Ambulance Technician students during the third quarter.

The session proved highly productive, providing essential clarity on the pathways to registration and the regulatory framework governing the profession. These engagements are vital, as they equip students with the necessary knowledge before they initiate the formal registration process. Even when fully qualified academically, understanding the Council's codes of conduct, continuing professional development requirements, and ethical guidelines is fundamental to a successful and compliant practice.

"The Council's mandate extends beyond registration; it begins with education," stated a Council spokesperson. "By engaging with students directly, we ensure they enter the workforce not only with technical competence but also with a clear understanding of their professional responsibilities. This proactive approach is fundamental to maintaining the high standards of care and public trust in the allied health sector."

The Council views such collaborations with training academies as a cornerstone of its strategy to foster a well-prepared and well-regulated healthcare workforce. Future outreach visits to other allied health training institutions are planned throughout the year.





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Strengthening Allied Health Through Webinars: A Look at AHPCZ's 2025 Engagements



In today's digital era, webinars have become an indispensable tool for knowledge sharing, professional development, and regulatory engagement—especially in the health sector. For the Allied Health Practitioners Council of Zimbabwe (AHPCZ), webinars have proven to be an effective platform for reaching out to practitioners across all professions under its regulation.

Webinars allow AHPCZ to connect with thousands of allied health professionals in real-time, regardless of location, providing timely updates on key professional matters, emerging health trends, and sector regulations. They promote accessibility, convenience, and inclusivity while fostering continuous learning and professional excellence.

Webinars: Why They Matter

Enhance Professional Knowledge: Webinars cover practical, evidence-based topics that help improve healthcare delivery.

Promote Regulatory Compliance: AHPCZ uses this platform to educate on policy changes, ethical conduct, and compliance requirements.

Support CPD: Participation contributes to Con-

tinuing Professional Development (CPD) points for practitioners.

Encourage Multi-Professional Engagement:

Sessions are designed to benefit various professions including dietetics, psychology, radiography, emergency services, and more.

Webinars Conducted in the Third Quarter of 2025

During the third quarter of 2025, AHPCZ hosted a range of informative webinars aimed at enhancing knowledge across multiple disciplines:

> **Clinical Social Workers, ECG Technicians, EEG Technicians, Hospital Equipment Technicians, Medical Physicists, Ambulance Technicians, X-ray Operators and Clinical Social Workers**

> **Dietitians, Nutritionists and Hospital Food Service Supervisors Webinar**

> **Holding space, the art of Therapeutic Presence**

> **Radiographers, Ultrasonographers and X-ray Operas Webinar**

> **Health Promotion Officers Webinar**

> **All stakeholders Facebook Live Webinar**

> **Psychologists Webinar**

These sessions were well-received and offered practical insights into real-world challenges and emerging developments in healthcare.

All practitioners are encouraged to participate in these webinars, stay compliant, and remain aligned with best practices in their respective fields.

Conclusion

Through webinars, AHPCZ continues to fulfil its mission of empowering allied health professionals with accessible, relevant, and up-to-date knowledge. These sessions are more than just online events—they are strategic tools for enhancing service delivery, ensuring regulatory compliance, and fostering collaboration among the different allied health professions.

Council Induction & Corporate Governance Training Programme

The **Council Induction and Corporate Governance Training Programme** was held from 14–15 August 2025 at The Village Lodge, Gweru, bringing together the Pharmacists Council of Zimbabwe, the **Medical and Dental Practitioners Council of Zimbabwe**, and the **Allied Health Practitioners Council of Zimbabwe**.

The two-day programme, facilitated by the **Corporate Governance Unit (CGU)** and invited experts, focused on strengthening governance, financial accountability, and leadership within health professional councils. Key sessions covered the mandate of the councils, financial performance, the application of the Public Entities Corporate Governance Act, board effectiveness, transformational leadership, strategic planning, risk management, and performance evaluation.

Government expectations for the councils were highlighted by **Dr. A.J. Maunganidze, Secretary for Health and Child Care**, while council chairpersons and finance directors emphasized collaboration, transparency, and effective regulation in the health sector. The training reinforced the importance of strong governance structures and strategic leadership to enhance the role of health professional councils in Zimbabwe.





ALLIED HEALTH PRACTITIONERS COUNCIL

2025 -2029 BOARD MEMBERS



Professor Herbert Zirima serves as the Chairperson of the Allied Health Practitioners Council of Zimbabwe (AHP CZ) Board. He is an Associate Professor of Psychology, a practicing Educational Psychologist and a holder of a Dphil in Psychology, MSc in Educational Psychology and a BSc Honours in Psychology. Prof Zirima is the Founder and Lead Consultant at Identity Consultancy, a private psychology consulting firm offering training, mental health & psychosocial support services. He has published more than 50 research articles and 3 books. Prof Zirima is currently the Deputy Dean in the Great Zimbabwe University, School of Medical & Health Sciences.



Netsai Risinamhodzi [Vice Chairperson of the Allied Health Practitioners Council of Zimbabwe] is the Executive Director of CONNECT Zimbabwe Institute of Systemic Therapy. She is a performance driven and multi-skilled Clinical Social Worker and Family Therapist who has experience in clinical work, academia, qualitative research, monitoring and evaluation, consultancy, administrative and management work. She holds a Master of Science in Clinical Social Work Degree from Midlands State University, BSc Honors Degree in Social Work from Bindura University of Science Education and an Advanced Diploma in Family Therapy from CONNECT (Zimbabwe Institute of Systemic Therapy).



Annie C Msauki
Nutritionist

Nutritionist council member. She is part of health committee and Audit committee chairlady

Reymond Masikondo

Chief Accountant, Parirenyatwa Group of Hospitals | Business & Finance Committee Member, AHPCZ

Reymond Masikondo is a seasoned finance professional with over 15 years of experience in public sector accounting and financial management, primarily within Zimbabwe's health sector. He has served as Chief Accountant at Parirenyatwa Group of Hospitals for more than a decade, where he has been instrumental in strengthening financial systems, compliance, and accountability. He holds an MBA, a Bachelor of Commerce (Honours) in Business Management, and a Post-graduate Diploma in Management from NUST, as well as a Higher National Diploma in Accountancy. Additionally, he has earned professional certifications including Public Sector Professional Accountant (Zimbabwe) and is a member of the Institute of Chartered Accountants of Zimbabwe (ICAZ)



Louis Gremu is the board representative for Hospital Food Service Supervisors. He holds a Diploma in Hospital Food Service Management with the Ministry of Health, a Bachelor of Environmental Science Honors with NUST, a Graduate Executive Diploma in General Management (ZIM), a diploma in Business Bookkeeping (CPM) and a Diploma in HIV and AIDS Care and Prevention (IICDT) amongst other qualifications. Mr Gremu also has ISO 22000 certification in Food Service Management System Development and Implementation and certifications in customer service, recruitment and selection and human resource planning. He has more than 6 years experience of working as a Hospital Food Service Supervisor with the National Social Security Authority and has been previously working in the same capacity with the Ministry of Health and Child Care.

Ms. Winnet Manyadza a seasoned Family Therapist with over 14 years of professional experience supporting individuals, families, and organizations across diverse cultural and religious contexts. She currently serves as the Clinic and Further Education Manager at CONNECT Zimbabwe Institute of Systemic Therapy. She holds a Master's Degree in Counselling Psychology, a Bachelor of Science Honours Degree in Counselling, an Advanced Diploma in Family Therapy, and a Certificate in Systemic Family Counselling. Her career has spanned a wide range of sectors, including government departments, parastatal, the mining industry, and non-governmental organizations, where she has provided expert counselling and family therapy services. Beyond clinical practice, Ms. Manyadza is also a seasoned trainer, equipping practitioners with skills in counselling and systemic family therapy.



Thandeka Angela Sibanda is a registered dietitian based in Harare, Zimbabwe. She obtained a Bachelor of Science in Dietetics at Stellenbosch University and has extensive experience in clinical dietetics in public and private healthcare institutions in the Western Cape & Harare, Zimbabwe. She currently works for the Ministry of Health and Childcare as a clinical dietitian as well as a clinical instructor and junior lecturer with the University of Zimbabwe. With a proven skill in simplifying complex nutrition concepts for individuals of all ages and socio-economic backgrounds, Thandeka has excelled at presenting nutrition-related workshops and webinars for educators, parents, students, and corporations.

Professor Bornface Chinene is a Distinguished Associate Professor of Medical Imaging, recognized internationally for his visionary leadership, groundbreaking research, and transformative contributions to radiography education. A Doctor of Radiography, his strategic expertise is concentrated on three pivotal fronts: innovating medical imaging pedagogy, establishing sustainability benchmarks for radiology, and championing interprofessional collaboration to elevate clinical standards and patient care. As a prolific scholar with over 60 high-impact, peer-reviewed publications, Professor Chinene is a definitive voice on critical issues shaping the future of medical imaging. His research portfolio addresses vital topics including radiographer well-being, strategic role extension, and the implementation of sustainable practices in resource-constrained environments.



Mr Tendai Rungano Naggo is a dedicated paramedic with 15 years of experience in pre-hospital emergency care, with the privilege of serving as the Paramedic Representative for the Allied Health Practitioners Council of Zimbabwe (AHPCZ). The work is guided by a deep respect for the paramedic profession and a commitment to serving colleagues and the public. Focus is on contributing to a framework where all practitioners can deliver safe and compassionate care and where the profession can continue to grow and adapt to the needs of the community. It is a genuine honor to support the work of the AHPCZ and to help ensure everyone upholds the high standards of the field.



Rashell Musiyambiri

Health Information Officer
HND Health Information Management - Harare Poly

Mr. Komborero Gotosa is a Health Promotion Officer with over ten years of experience in programme design and implementation. Currently serving as District Health Promotion Officer in Hurungwe, he has expertise in community engagement, programme management, and monitoring and evaluation. He holds a BSc in Health Education and Health Promotion and several executive certificates from the University of Zimbabwe



Ms. Rudo Magundani is a member of the AHPCZ Council as the legal representative, as prescribed by the Act. She holds a Bachelor of Law degree from the University of Zimbabwe. She graduated from the University of Zimbabwe in 2010, receiving the University Book Prize and the Law Society of Zimbabwe Book Prize for her outstanding academic achievements. In 2014, she earned an LLM from the University of Cambridge. She is an exceptional lawyer with experience in commercial, labour, and human rights law. In March 2023, she was honored with the Outstanding Woman in Law Award (Gold Winner) by the Zimbabwe CEO's Network.



Edwin Mhukayesango

Professional Qualification: Clinical Medical Physicist (with the Ministry of Health and Childcare) Academic Qualification: Msc Applied Physics (UZ), Msc Medical Physics (NUST)

2025 CPD POINTS CHART

Continuing Professional Development (CPD) is the means by which members of professions broaden the expertise required in their professional lives. This serves to ensure that both academic and practical qualifications do not become obsolete and redundant. Continuing Professional Development (CPD) is an ongoing, structured combination of learning activities through which Registered Practitioners maintain and extend their knowledge and skills for lifelong professional competence. CPD can take many forms, from short courses to conferences, seminars and lectures. Engaging in Continuing Professional Development ensures that both academic and practical qualifications do not become out-dated or obsolete; allowing individuals to continually 'up skill' or 're-skill' themselves, regardless of occupation, age or educational level.

Ambulance Technicians	30
Clinical Social Workers	50
Counsellors	50
Dieticians	15
ECG Technicians	30
EEG Technician	30
Emergency Medical Technicians	30
Health Promotion Officers	12
Hospital Equipment Technicians	30
Hospital Food Services Supervisors	30
Intern Psychologists	40
Medical Physicists	30
Nutritionists	12
Paramedics	30
Psychologists	50
Radiographers	50
Specialist Ultrasonographers	50
Ultrasonographers	50
X-ray Operators	25

GIVE US YOUR FEEDBACK & LEAVE A REVIEW

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**#It is a right of every Zimbabwean to seek assistance from a registered
AHPCZ Practitioner#**